



# JUNE 2022



MAKE YOUR LUNCH RESERVATIONS  
AT LEAST ONE BUSINESS DAY  
IN ADVANCE!  
510-215-3090

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>6/1</b> Tuna Salad Sandwich w/Lettuce, Tomato, and Onion on a Thin Bun Tomato Basil Soup 4 Bean Salad C Citrus Fruit	<b>6/2</b> Beef Lo Mein <u>Bean Medley</u> C Cauliflower Fruit Punch Sherbet 	<b>6/3</b> Oven Fried Chicken Drumstick Cabbage Roll Soup C <u>Whipped Yams</u> Green Beans Roll w/Butter Peaches
<b>6/6</b> Spaghetti & Meatballs w/Parmesan Cheese <u>Mixed Vegetables</u> Italian Green Beans C Tropical Fruit 	<b>6/7</b> Turkey a la King over Brown Rice <u>Sliced Carrots</u> Marinated Zucchini Salad C Mandarin Oranges	<b>6/8</b> Chicken Piccata C Mashed Potatoes <u>Italian Vegetables</u> Tossed Salad w/Dressing Seasonal Fresh Fruit  RSVP 1-DAY IN ADVANCE BEFORE 12:30PM 510-215-3098	<b>6/9</b> Beer Battered Fish Clam Chowder Apple Juice Potato Wedges C California Vegetables Tartar Sauce, Vinegar Brownie	<b>6/10</b> + Ham & Swiss Sandwich Lettuce, Tomato, Onion on Rye Bread Split Pea Soup Potato Salad Marinated Beets & Onions Mustard, Mayonnaise C Citrus Fruit
<b>6/13</b> Baked Ziti w/Turkey <u>Bean Medley</u> Green Salad w/Dressing C Mandarin Oranges	<b>6/14</b> Alaskan Salmon Patty w/Dill Sauce <u>Scandinavian Vegetables</u> C Cauliflower Wild Rice Seasonal Fresh Fruit  RSVP 1-DAY IN ADVANCE BEFORE 12:30PM 510-215-3098	<b>6/15</b> Cheeseburger Lettuce, Tomato, Onion Mushroom Barley Soup C Coleslaw Baked Beans Hamburger Bun Catsup, Mustard, Mayo C <u>Watermelon</u>	<b>6/16</b> BBQ Pulled Pork on a Bun Corn Chowder Potato Salad C Broccoli Cinnamon Applesauce  RSVP 1-DAY IN ADVANCE BEFORE 12:30PM 510-215-3098	<b>6/17</b> Chicken Florentine C Mashed Potatoes Asparagus Spears <u>Italian Vegetables</u> Banana Ice Cream 
<b>6/20</b> JUNETEENTH HOLIDAY SAN PABLO SENIOR CENTER CLOSED 	<b>6/21</b> Salisbury Steak w/Onion Gravy C Mashed Potatoes <u>Bean Medley</u> Roll w/Butter Fresh Apple 	<b>6/22</b> Turkey Divan over Rice Pilaf <u>Scandinavian Vegetables</u> Tossed Salad w/Dressing C Tropical Fruit  RSVP 1-DAY IN ADVANCE BEFORE 12:30PM 510-215-3098	<b>6/23</b> Mock Crab Salad Lettuce, Tomato, Onion on French Bread Chicken Orzo Soup 3 Bean Salad Orange Gelatin C w/Mandarin Oranges	<b>6/24</b> Beef & Vegetable Stew Roll w/Butter Green Beans Tossed Salad w/Dressing C <u>Cantaloupe</u> 
<b>6/27</b> Fish Sandwich w/Cheese and Tartar Sauce on a Bun Potato Leek Soup C Coleslaw w/ <u>Carrots</u> Marinated Zucchini Salad Seasonal Fresh Fruit	<b>6/28</b> Asian Chicken Salad ( <i>Sliced Chicken Breast, Spring Mix, Sesame Seed Dressing, Crispy Noodles</i> ) C Mandarin Oranges Egg Drop Soup Garden Pea Salad Dinner Roll w/Butter Pudding	<b>6/29</b> + Bean & Cheese Burrito w/Enchilada Sauce and Cheese Mexicali Corn <u>Spinach Salad</u> w/Dressing C Citrus Fruit	<b>6/30</b> Creamy Vegetable Lasagna Grape Juice C Brussels Sprouts <u>Italian Vegetables</u> Sherbet	

NOTES      All meals served with lowfat milk.      Vitamin A      + Higher in sodium  
C Vitamin C      ^ Dessert of Choice