



# CHILDHOOD OBESITY PREVENTION TASK FORCE

## EAT SMART GET MOVING



### CHILDHOOD OBESITY PREVENTION TASKFORCE (COPTF) MEETING MINUTES SEPTEMBER 23, 2015, 5:30 P.M. – 7:00 P.M. SAN PABLO COMMUNITY CENTER

#### PRESENT

Lucy Alfaro (Co-Chair) - Parent, West County Regional Group, First Five  
Gwen Buchanan – San Pablo Resident  
Jennifer Caroff- Health Educator, Food Soulutions  
Mariela Cuellar - Parent, West County Regional Group, First Five  
Greg Dwyer - Community Services Manager, City of San Pablo  
Tomas Espinoza - Parent, West County Regional Group, First Five  
Petronila Fernandes - Parent, West County Regional Group, First Five  
Rhea Laughlin- Community Engagement Program Officer, First Five Contra Costa  
Lyan Pernala – Executive Director, Weigh of Life  
Melody Ocampo- Recreation Supervisor, City of San Pablo  
Coire Reilly – Community Wellness & Prevention Program Manager, Contra Costa Health Services  
Gabi Rivas-Community Liaison, First Five Contra Costa  
Bertha Romo– Youth Services Program Coordinator, City of San Pablo  
Jan Schilling- Former Executive Director, Weigh of Life  
Rod Simpson- Assistant Planner, City of San Pablo  
Emily Warming- Director, Healthy and Active Before 5  
Adriana Vazquez- Parent, West County Regional Group  
Karel Villalobos - Parent, West County Regional Group

#### WELCOME AND INTRODUCTIONS

Meeting was called to order at 5:36 p.m. Individuals introduced themselves.

#### PUBLIC COMMENT

No public comment.

#### APPROVAL OF THE MINUTES

Consensus to approve 7/29/15 minutes as read.

#### SAN PABLO PARKS PROJECT PRESENTATION- FIRST FIVE CONTRA COSTA

Ms. Rhea Laughlin and West County Regional Group members presented their San Pablo Park Assessment findings to the Task Force. A summary of the information presented is below:

- The park assessment began in 2012, along with East County, to advocate for better parks
- Findings showed a lack of park equity in West Contra Costa County and lack of green space in San Pablo
- The San Pablo assessment was completed for Wanlass Park, Kennedy Plaza, and Davis Park
- Davis Park and Kennedy Plaza have the highest young children living in the vicinity of the park
- A park survey (adopted from a Richmond park assessment) was developed by various stakeholders and distributed to residents
- The park rating scale was based on parent scores and showed that safety is a priority issue along with play equipment, bathrooms, and garbage (bulk waste and dumping).
- Safety is a high concern. Parks have a large number of aggravated and sexual assault incidents
- El Portal and Davis Park were identified as priority parks.

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The information shared with the Task Force was also presented to the San Pablo City Council along with a request that funding be allocated in the upcoming fiscal year. The City Council approved the allocation of \$435,000 to park recommendations.

Members had the opportunity to ask questions and the presenters announced the Oct. 15<sup>th</sup>- community meeting at Davis Park to have a conversation about park safety. There was also a recommendation made to form a park subcommittee to seek grant funding for additional park improvements.

### **ROLES AND RESPONSIBILITIES OF COPTF MEMBERS**

Mr. Greg Dwyer reported on the steps for membership renewal and feedback was received for revisions:

- Move forward with November nomination process
- Members should serve a 2 year term instead of 1 year
- Establish criteria for membership
- Subcommittees should be open to non-COPTF members
- Add a conflict of interest clause

Members also had an opportunity to discuss existing operating procedures and make recommendations for revisions. The recommendations include the following:

- Identify a consistent schedule for Task Force meetings
- Revise the structure of the voting process
- Allocate more time for a future meeting to review the operating procedures and membership

The Task Force decided to form a Governance Subcommittee to meet before the next meeting and present revised operating procedures, membership criteria, and recommended subcommittees to the COPTF in October. The members who volunteered were: Councilmember Calloway, Lucy Alfaro, Melody Ocampo, Rhea Laughlin, and Emily Warming.

### **NEXT STEPS FOR THE TASK FORCE**

Members discussed potential next steps for the Task Force. The following ideas were shared:

- Develop working groups on topics such as:
  - Alternative funding sources
  - Policy (choosing next steps for the CAP)
  - Increase community engagement
- Work with WCCUSD's Health and Wellness Committee
- Provide school-based programming

Members agreed to strengthen the structure and membership of the COPTF before identifying next steps with the CAP. The discussion will be continued during the next COPTF meeting.

### **ANNOUNCEMENTS/ UPCOMING AGENDA ITEMS**

Members discussed items for future meetings:

- Membership renewal
- County Health Statistics
- Presentation from Berkeley on Soda tax
- Report-out on Let's Move

### **MEETING ADJOURNED**

An announcement was made by Weigh of Life on the upcoming fundraiser. Meeting was adjourned at 7:11 pm. The next meeting will be held in October.