

# CHILDHOOD OBESITY PREVENTION TASK FORCE

## EAT SMART GET MOVING



### CHILDHOOD OBESITY PREVENTION TASKFORCE (COPTF) MEETING MINUTES February 24, 2016, 5:30 P.M. – 7:00 P.M. SAN PABLO COMMUNITY CENTER

#### PRESENT

- ✓ **Lucy Alfaro (Co-Chair) - Parent, West County Regional Group, First Five**
- ✓ **Flor Castro – Parent, West County Regional Group, First Five**
- ✓ Genoveva Calloway- Councilmember, San Pablo
- ✓ Jennifer Chong- Recreation Coordinator, City of San Pablo
- ✓ **Mariela Cuellar - Parent, West County Regional Group, First Five**
- ✓ Greg Dwyer - Community Services Manager, City of San Pablo
- ✓ **Tomasa Espinoza - Parent, West County Regional Group, First Five**
- ✓ **Petronila Fernandes - Parent, West County Regional Group, First Five**
- ✓ **Soledad Garcia - Parent, West County Regional Group, First Five**
- Rhea Laughlin – Community Engagement Program Officer, First Five Contra Costa
- ✓ **Leydi Maldonado – Parent, West County Regional Group, First Five**
- ✓ **Tashaka Merriweather – Coordinator, West Contra Costa Unified School District**
- ✓ **Elizabeth Pabon- San Pablo Resident**
- ✓ **Lyan Pernala – Executive Director, Weigh of Life**
- ✓ **Eric Peterson – Area Director, Contra Costa Care Council**
- ✓ **Tony Ramirez (Chair) - Teacher, Dover Elementary School**
- ✓ **Coire Reilly- Community Wellness & Prevention Program Manager, Contra Costa Health Services**
- ✓ **Gabi Rivas- Community Liaison, First Five Contra Costa**
- ✓ Bertha Romo– Youth Services Program Coordinator, City of San Pablo
- ✓ **Jan Schilling – Former Executive Director, Weigh of Life**
- **Monique Sims – Program Manager, Contra Costa Health Services, WIC Program**
- ✓ **Adriana Vasquez – Parent, West County Regional Group, First Five**
- ✓ **Emily Warming – Director, Healthy and Active Before 5**
- ✓ **Gwendolyn White – Health Educator, Contra Costa Health Services**

Total Membership: 20

Quorum: 11

Members Present: 18

#### WELCOME AND INTRODUCTIONS

Meeting was called to order at 5:45 p.m. Individuals introduced themselves.

#### PUBLIC COMMENT

No public comment.

#### APPROVAL OF THE MINUTES

12/16/15 minutes were approved. Motion by E. Warming, Second by E. Pabon.

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## **INTRODUCTION OF NEW MEMBERS**

Each member individually introduced themselves to the Task Force, sharing the reason why they joined the Task Force and what brings them joy.

## **PRESENTATION & DISCUSSION ON COUNTY HEALTH STATISTICS**

Presentation was tabled to next meeting- April 27, 2016.

## **SUBCOMMITTEE REPORTS & MEMBERSHIP**

Active Living- R. Laughlin gave an update on the meeting held on February 24, 2016. The topics discussed were:

- What is the role of the subcommittee?
  - To advise City Council, Staff, and COPTF on park improvement and access as well as active living in general.
- Program and policy priorities:
  - Parks as a primary focus with an equity lens
  - Build on park work and consider new park space

Next meeting is on March 23, 2016 and the goal is to look at priorities.

Funding and Sustainability- E. Warming provided an update on the last meeting, held on February 10, 2016.

- Members began conversations on tax-based funding and community grant funding opportunities.

Health Eating- No report.

An email will be sent for members to sign up for subcommittees and to determine the standing meeting dates for each subcommittee. A description of each subcommittee will be sent to new members.

## **INVENTORY OF RECREATION PROGRAMS**

Ms. Jennifer Chong, Recreation Coordinator, presented on free and low-cost programs, including health and fitness, offered through the City of San Pablo for children, youth, adults, and families. The programming includes sports, dance, yoga, Karate, Capoeira, drama, running, gardening, guitar, cooking and more. An overview of youth and senior services and city facilities was also given. Members had the opportunity to ask questions. What is participation and marketing? Recreation guides and volunteer applications were handed out.

## **ANNOUNCEMENTS/ UPCOMING AGENDA ITEMS**

Members discussed items for future meetings:

- Presentation on County Health Statistics- Item will be presented in April.
- Presentation on potential tax-based funding source

## **MEETING ADJOURNED**

Meeting was adjourned at 7:18pm. The next meeting will be held on April 27, 2016.