

# CHILDHOOD OBESITY PREVENTION TASK FORCE

## EAT SMART GET MOVING



### CHILDHOOD OBESITY PREVENTION TASKFORCE (COPTF) MEETING MINUTES January 25, 2017 5:30 P.M. – 7:00 P.M. SAN PABLO COMMUNITY CENTER

#### PRESENT

- Lucy Alfaro (Co-Chair) - Parent, West County Regional Group, First Five**
- Flor Castro – Parent, West County Regional Group, First Five**
- Genoveva Calloway- Councilmember, San Pablo
- Mariela Cuellar - Parent, West County Regional Group, First Five**
- Greg Dwyer - Community Services Director, City of San Pablo
- Tomasa Espinoza - Parent, West County Regional Group, First Five**
- Petronila Fernandes - Parent, West County Regional Group, First Five**
- Astrid Flores- Youth Services Aide, City of San Pablo
- Soledad Garcia - Parent, West County Regional Group, First Five**
- Rhea Laughlin – Community Engagement Program Officer, First Five Contra Costa**
- Leydi Maldonado – Parent, West County Regional Group, First Five**
- Tashaka Merriweather – Coordinator, West Contra Costa Unified School District**
- Andrea Mendez- Recreation Supervisor, City of San Pablo
- Elizabeth Pabon- San Pablo Resident**
- Lynn Pernala – Executive Director, Weigh of Life**
- Eric Peterson – Area Director, Contra Costa Care Council**
- Tony Ramirez (Chair) - Teacher, Dover Elementary School**
- Coire Reilly- Community Wellness & Prevention Program Manager, Contra Costa Health Services**
- Gabi Rivas- Community Liaison, First Five Contra Costa**
- Jan Schilling – Former Executive Director, Weigh of Life**
- Monique Sims – Program Manager, Contra Costa Health Services, WIC Programs**
- Adriana Vasquez – Parent, West County Regional Group, First Five**
- Emily Warming – Director, Healthy and Active Before 5**
- Gwendolyn White – Health Educator, Contra Costa Health Services**

Total Membership: 20

Quorum: 11

Members Present: 12

#### WELCOME AND INTRODUCTIONS

Meeting was called to order at 5:38 p.m.

#### PUBLIC COMMENT

Mr. Ramirez made a comment about the situation regarding ICE and the schools. Mr. Ramirez suggested to communicate to the school and create a strategy to keep our fellow undocumented families and students safe. Families and other groups from the school should work together with the District and seek out a plan.

Mr. Dwyer also made the comment that Lisa Rosales the San Pablo Police Chief has moved on to a new position and leaving the City of San Pablo, the future chief is to be determined in the upcoming months.

### **APPROVAL OF THE MINUTES**

10/26/16 Minutes Approved, Motion made by E. Pabon and Second by T. Ramirez

### **COPTF LOGO AND BRANDING**

This item has been tabled for the next meeting (3/22/2017)

Motion made by C. Reilly and Second by G. Dwyer

The only request with the motion is to bring multiple potential design for COPTF.

### **SUBCOMMITTEE REPORTS & MEMBERSHIP**

Active Living- Currently Ms. Laughlin is working with Mr. Reilly to seek out potential green space and parks. They currently are going through five actions that will help them identify the spaces. A future email will be sent out with more information to the subcommittee about seeking out spaces in San Pablo. Thanks to Ms. Mendez, ten dollar classes are now available for San Pablo Residents. San Pablo residents can visit the San Pablo Community Center and sign their children up for the ten-dollar swimming classes. Soccer for children will be soon available. The subcommittee wants to establish an evaluation system to identify programs, later in time the COPTF can identify the programs that are being successful for the community and which can be modify to help the needs of the community.

Funding and Sustainability- Ms. Laughlin shared the updates of the subcommittee and asked the group to take a moment to think about the future steps of COPTF. What will be a good strategy to move forward with, how is the commitment level for the current members and how can we do better research as a group. The committee is looking to create a strategy or measure and have COPTF be part of the planning. As a group, they discussed the options such as who could be used for this task. Who do we need to help COPTF supply and pass out the information to the community. What will be the time allocation and the commitment to move towards this strategy or measure?

Healthy Eating – It was shared to the COPTF that Ms. Schilling has moved on and will no longer be a part of COPTF. For the representation of Weigh of Life, Ms. Calloway serves in the committee and potentially Ms. Calloway can be the new connection but it is to be determined. Update on the hydration stations for the Elementary schools, the district has been contacted to seek out the potential next steps. For the following schools Bayview and Lake, the installment will be easier than Dover, Downer and Riverside.

As a reminder to the group, the dollars that were given for this project must be spent before June. The committee is also seeking out for new members from COPTF, if they are interested in joining it. A sign-up sheet was being passed around for COPTF members not only to join Healthy Eating but the other two committees. Employees from other cities are welcome to join the COPTF and the committees when recruiting begins.

### **ANNOUNCEMENTS/ UPCOMING AGENDA ITEMS**

- a. City Updates on events
- b. Invitation to the group for the Board and Commission Celebration, everyone is invited to attend on January 26.
- c. Adjournment

### **MEETING ADJOURNED**

Meeting was adjourned at 7:16pm. The next meeting will be held on March 22<sup>th</sup> 2017.