

CHILDHOOD OBESITY PREVENTION TASK FORCE

EAT SMART GET MOVING



CHILDHOOD OBESITY PREVENTION TASKFORCE (COPTF) MEETING MINUTES

September 27, 2017 5:30 P.M. – 7:00 P.M.
SAN PABLO COMMUNITY CENTER

PRESENT

- Lucy Alfaro (Co-Chair) - Parent, West County Regional Group, First Five
- ✓ Flor Castro – Parent, West County Regional Group, First Five
- ✓ Genoveva Calloway- Vice Mayor, San Pablo
- Mariela Cuellar - Parent, West County Regional Group, First Five
- ✓ Greg Dwyer - Community Services Director, City of San Pablo
- ✓ Tomasa Espinoza - Parent, West County Regional Group, First Five
- Petronila Fernandes - Parent, West County Regional Group, First Five
- ✓ Astrid Flores- Youth Services Aide, City of San Pablo
- Soledad Garcia - Parent, West County Regional Group, First Five
- ✓ Rhea Laughlin – Community Engagement Program Officer, First Five Contra Costa
- Leydi Maldonado – Parent, West County Regional Group, First Five
- Tashaka Merriweather – Coordinator, West Contra Costa Unified School District
- ✓ Andrea Mendez- Recreation Supervisor, City of San Pablo
- Lynn Pernala – Executive Director, Weigh of Life
- Eric Peterson – Area Director, Contra Costa Care Council
- ✓ Tony Ramirez (Chair) - Teacher, Dover Elementary School
- Coire Reilly- Community Wellness & Prevention Program Manager, Contra Costa Health Services
- ✓ Gabi Rivas- Community Liaison, First Five Contra Costa
- Monique Sims – Program Manager, Contra Costa Health Services, WIC Programs
- ✓ Adriana Vasquez – Parent, West County Regional Group, First Five
- ✓ Gwenndolyn White – Health Educator, Contra Costa Health Services

GUESTS

- Lorena Mendel – Community Leader
- Tiffany Bell- Health Education Specialist, Contra Costa County
- ✓ Andy Ollove- Fresh Approach
- ✓ Mayra Lopez – Health Education Specialist, CCHS
- Peter Flom – Youth Engagement Specialist, YES Nature to Neighborhoods
- ✓ Cianna Walker- YES Nature to Neighborhoods
- Ebony Robinson- Outreach Coordinator, Rich City Rides`
- ✓ Clayton Johnson- Safe Routes, CCHS
- ✓ Cecilia Perez Community Liaison, First 5

Total Membership: 17

Quorum: 8

Members Present: 5

WELCOME AND INTRODUCTIONS

The meeting was called to order at 5:54p.m.

WON RWJF!

Mr. Dwyer shared to the group the great news about winning the RWJF Prize. This honors communities for their unwavering efforts to ensure all residents have the opportunity to live healthier lives. San Pablo is being nationally recognized for pursuing innovative ideas and bringing partners together to rally around a shared vision of health. Chosen from more than 200 applicant communities across the country, San Pablo's award winning efforts include the creation of job training programs, construction of a community center, establishment of a Youth Commission, and expanding entrepreneurship support through the San Pablo Economic Development Corporation.

PUBLIC COMMENT

No Public Comment.

APPROVAL OF THE MINUTES

Quorum not met for approval 7/26/17

SUBCOMMITTEE REPORTS & MEMBERSHIP

Funding and Sustainability- Mr. Dwyer and Ms. Laughlin have shared that the current effort of creating an informational has been put on hold, the committee will be going through a planning session to allow for others input into the informational. Besides the informational, currently in the works is the approval of two pocket parks over in Plaza by the West County Health Center and the new San Pablo Library.

Active Living- Ms. Mendez and Mr. Dwyer shared out with the group the successful installation of hydration stations at Helms Middle School. During the San Pablo Olympics, many of the participants were using the water stations. With the partnership of Peter Flom, the water hydration could be used by all staff and students at Helms Middle School. For Dover Elementary the items have been purchased but it is in the works for installation.

Healthy Eating – No new reports.

Recruitment of COPTF members- Recruitment of COPTF members- Currently COPTF is accepting new applications for applicants who are interested. Astrid can send out the application via email is the group [Any members who wish to continue in the new fiscal year will have to go through the application form] any question please refer to contact Mr. Dwyer or Ms. Flores.

CLIMATE OF COPTF, STATUS UPDATE, BRAINSTORMING, NEXT STEPS

During this section, Mr. Dwyer goal was to continue the work of COPTF forward which means coming together as a group and brainstorm to select from the priorities of the Community Action Plan. During the session, the group broke into a smaller group to discuss some topics and what steps to take to move forward. The topics that Mr. Dwyer had brought up of discussion was introducing a timeline that showcases all the work that has been accomplished by the Task Force, the needs, ideas and what we already have but can grow in San Pablo. At the end of the session, the Task Force posted up one long-term and short-term goal. The next steps of the Task Force will be on boarding new recruited members, a City Council Presentation and the continuation of re-branding.

a. ANNOUNCEMENTS/ UPCOMING AGENDA ITEMS

b. City Updates on events and programs

- c. November meeting date change due to holiday week (11/29/17)

MEETING ADJOURNED

The meeting was adjourned at 7:55 pm. The next meeting will be held on September 27, 2017.