

# CHILDHOOD OBESITY PREVENTION TASK FORCE

## EAT SMART GET MOVING



### CHILDHOOD OBESITY PREVENTION TASKFORCE (COPTF) MEETING MINUTES

January 24<sup>th</sup>, 2018 5:30 P.M. – 7:00 P.M.  
SAN PABLO COMMUNITY CENTER

#### PRESENT

- ✓ Lucy Alfaro - Parent, West County Regional Group, First Five
- ✓ Tiffany Bell – Health Education, Fitness and Nutrition Specialist/ Contra Costa Health Services
- Florytulia Castro- Parent / West County Regional Group
- ✓ Mariela Cuellar- Resident
- Espinosa Tomasa- Parent / West County Regional Group
- ✓ Peter Flom- Youth Engagement Specialist / YES Nature to Neighborhoods
- ✓ Petronila Fernandes- Parent / Volunteer / West County Regional Group
- ✓ Rhea Laughlin- Community Engagement Program Officer / First Five Contra Costa
- ✓ Mayra Lopez- Health Ed. Specialist/ Contra Costa Health Department
- Lorena Medal- Resident
- Tashaka Merriweather- Youth Development Program Coordinator/ WCCUSD
- ✓ Andy Ollove- Food Access Program Manager/ Fresh Approach
- ✓ Jesus Perez - Volunteer / West County Regional Group
- ✓ Cecilia Perez-Mejia - Community Liaison / First 5 Contra Costa
- Tony Ramirez -Teacher / Dover Elementary School/WCCUSD
- Coire Reilly - WCCTAC
- ✓ Gabi Rivas - Community Engagement Program Coordinator / First Five Contra Costa
- ✓ Ali Uscilka - Director / Healthy and Active Before 5
- ✓ Cianna Walker - Youth Engagement and Health Specialist/ YES Nature to Neighborhoods
- ✓ Gwenndolyn White - Health Educator / Contra Costa Health Services

#### ***CITY OF SAN PABLO COUNCIL MEMBERS & STAFF***

- ✓ Genoveva Calloway - Mayor / City of San Pablo
- ✓ Greg Dwyer - Community Services Director / City of San Pablo, Community Services
- ✓ Andrea Mendez - Recreation and Senior Divisions Supervisor / City of San Pablo, Community Services
- ✓ Astrid Flores - Youth, School and Community Partnerships Aide / City of San Pablo, Community Services

Total Membership: 20

Quorum: 11

Members Present: 14

#### WELCOME AND INTRODUCTIONS

The meeting was called to order at 5:38p.m.

#### PUBLIC COMMENT

No Public Comment

#### APPROVAL OF THE MINUTES

Minutes Approved

## **COPTF PRESENTATION**

Ms. Mendez and Mr. Dwyer facilitated a conversation about COPTF's next steps as a group. COPTF will be presenting to City Council. The conversation helped set the direction of the PowerPoint and in addition, set the priorities of work for COPTF. Ms. Mendez facilitated with a couple of questions that were presented in the round table discussion of November's meeting. The following questions were asked to the group; What needs to we have in our community? What kind of policies can this task force create? What kind if programmatic ideas can this task force create? How can COPTF work to address those needs? Within each question, there were three set priorities. Ms. Mendez suggested having an individual vote to narrow down the categories of what will be presented to City Council. Mr. Dwyer explained the importance of presenting to City Council and gave the group the overview of the draft presentation. The presentation covers the following an overview timeline of how COPTF has supported the Childhood Obesity work here in San Pablo. The group move to approve the PowerPoint and if any information is needed Mr. Dwyer will reach out.

The presentation of City Council will be pushed out, due to the robust agenda in the next two meetings of City Council.

## **SUBCOMMITTEE MEMBERSHIP**

The Chair and Vice Chair position have been filled. The new Chair is Peter Flom, Youth Engagement Specialist from YES Nature to Neighborhood and Vice Chair is Tiffany Bell, Health Education, Fitness and Nutrition Specialist from Contra Costa Health Services. COPTF has recognized the amount of time and efforts that Lucy Alfaro and Tony Ramirez had given to COPTF. Ms. Mendez has shared with the group that new dates and times will be emailed out to newly appointed members who are interested in joining a subcommittee, which are Funding and Sustainability, Active Living and Healthy Living. A question was posed to the group if the standard meeting time and date want to be a change it could be a possibility.

## **ANNOUNCEMENTS/ UPCOMING AGENDA ITEMS**

- A. Rebranding Update- Tabled
- B. City updates on events and programs

Ms. Andrea shared the Family Valentine Dance at the San Pablo Community Center is coming up please join us for an evening of dance and fun activities!

Mr. Dwyer and Ms. Mendez share the celebration of the renewed and improve Davis Park on March 10th from 11:00 am- 2 pm.

## **MEETING ADJOURNED**

The meeting was adjourned at 7:00 pm. The next meeting will be held on March 28, 2018